



BURLINGTON

TRAIL MIX

Serene to extreme:
Vermont's top hikes

MINNEAPOLIS/ST. PAUL

SETS IN THE CITIES

Find theater in the most
unexpected places

SAN ANTONIO

NOW AND ZEN

The Japanese Tea
Garden back in bloom

ANDRE BENJAMIN

June 2008

ON THE TOWN

72 OF ATLANTA'S **BEST**

- > MUST-SEE SITES
- > NIGHTLIFE HOTSPOTS
- > WEEKEND GETAWAYS
- > ROOFTOP RESTAURANTS
- > THEATER COMPANIES
- > BOUTIQUE HOTELS
- > OUTDOOR EVENTS
- + MORE

THE DAPPER RAPPER
EXPLAINS WHY IT'S IMPORTANT
TO COLOR OUTSIDE THE LINES

BEST FACE FORWARD

Soothe your skin and prepare it for summer.

Acqua Aveda on the Beach HOLMES BEACH, FL

(20 miles from Sarasota)

5311 Gulf Dr • 941-778-5400

www.acquaaveda.com

When you walk in, you will be inundated with the scents of Aveda's plant-based products. The customized hourlong elemental nature facials (\$85) are lovely, but the real power-treatment is the botanical skin resurfacing (60 minutes, \$95), in which crushed tourmaline and essential oils are used to smooth skin and improve radiance. It's Aveda's less-irritating answer to microdermabrasion—no post-facial redness here.



La Fontaine Aesthetics DENVER

2774 E Second Ave

303-355-4772

www.lfafusionspa.com

Don't let the fact that a medical doctor and dentist teamed up to open this spa turn you away. This penthouse sanctuary in the artsy Cherry Creek neighborhood is intimate and soothing. It's also a one-stop shop for cutting-edge skin procedures and traditional spa treatments. The white orchid facial (80 minutes, \$120) includes a floral water cleansing; gentle, organic exfoliation; lymphatic massage using custom-picked botanical serums; and a seaweed hydration mask, which leaves your skin summer-ready. There's also a 60-minute moisture drench facial (\$95), using antioxidant black currant oil, and the oxygen glow facial (60 minutes, \$95) for ultra-tired faces.



The Spa at Portland Regency Hotel PORTLAND, ME

20 Milk St. 207-871-7054 • www.theregency.com

The toughest part about visiting this spa, steps from the waterfront, is choosing a treatment. Specialty 60-minute facials include the vitamin C and seaweed mask; sour cherry and honey facial; seven herb treatment; fibrous stonecrop mask; or the rich carrot facial (\$90-\$95). But you can't go wrong with the splurge-worthy 75-minute caviar facial (\$120), which uses a bi-thermal mask that heats and cools. The finishing touch is a gentle rub with Escutox, dubbed a "natural alternative to Botox." Or, opt for the ultimate Regency custom-design facial (75-minute \$140), which includes a foot and hand massage.

